

Instructional Activities for Out-of-Class Time Requirements

Learning Activities	Hours Equivalent to One Hour of Face-to-Face
Evaluation of Print or Video w/ Instructor Feedback	1
Discussions	2-3
Wikis	1
Blog	1
Journals	1
Interactive scenarios	3
Case Studies	2-3
Student Presentations	1-2
Peer Review	3

Learning Resources	Hours Equivalent to One Hour of Face-to-Face
Narrated Powerpoints	1
Powerpoint w/ Written Lecture Notes	1
Powerpoints w/ Callout Questions	1-2
Handout with Audio Explanation	1
Directed Website Exploration	2-3
Video Clips	1
Podcasts	1
Screencasts	1
Simulations	2