HEALTH CARE AFTER HOURS.

Right From Your Room.



When **MyHealth RMU** is closed, **UPMC Children's Express Care Video Visits** make it easy to connect with a licensed physician – without leaving your dorm, apartment, or anywhere on campus.

AVAILABLE:

Monday – Friday: 5 p.m. to 8 a.m.
Saturday & Sunday: 24-hours a day
365 days a year, including holidays

How It Works

1. Use **MyHealth RMU** whenever it's open.
2. Video visits are available after hours when the student health center is closed for anyone under age 26.

Visits are billed to your health insurance and are not included in your RMU tuition.

We Can Help With

- ✓ Colds, flu, and fever
- ✓ Pink eye
- ✓ Rashes
- ✓ Minor illnesses and injuries
- ✓ Insect bites
- ✓ Bumps and bruises
- ✓ Constipation
- ✓ Mouth or tooth pain

UPMC
CHILDREN'S
EXPRESS CARE

NEED CARE NOW?
Scan the QR code to start your video visit.