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## **Allegheny County Veteran Service Organization**

https://www.alleghenycounty.us/veterans/index.aspx

A comprehensive website to help you in multiple ways:

- Housing assistance and homelessness
- Support and volunteer opportunities
- Veteran Specific Health Issues
- Recoding Discharge Papers (DD-214)
- Education and Training Information
- Job Search Assistance

For Questions regarding Accessing VA benefits while in school, Service Connection Claims, Non-Service Connection Pension, PACT Act information, and State Education Benefits please call John Kaufman. Let him know you are an RMU student.

#### John Kaufman

Senior Veteran Services Officer John.Kaufman@alleghenycounty.us 412-621-4357 (work)

Office Locations:		
	Pittsburgh Office	Johnston
	2934 Smallman Street	727 Goucher Street
	Pittsburgh, PA 15210	Johnstown, PA 15905
	Phone: 412-481-8200	814-255-7209
	Fax: 412-481-8202	

# **Animal Friends for Veterans**

https://www.thinkingoutsidethecage.org/other-ways-to-give/veterans-services/

## Supporting vets. Rescuing pets. Saving lives.

Many troops return home with scars – both seen and unseen – that can make it difficult to transition back to civilian life. They come in many forms including posttraumatic stress disorder, traumatic brain injury, and countless other daily stresses. As a result, statistics show that 22 veterans or active members of the military take their own lives each day ... nearly one every hour.

Animal Friends has a longstanding commitment to our veterans and the brave individuals who continue to serve in our Armed Forces. Since its founding in 1943 at the height of World War II, Animal Friends has grown into a full-service animal welfare community that serves as a resource for the pets and people of southwestern Pennsylvania.

Recognizing the life-changing power of the animal-human bond, and with nearly 200,000 military veterans in the Pittsburgh region alone, our commitment is stronger now than ever. Which is why we are thrilled to offer Animal Friends for Veterans, our new comprehensive shelter program for veterans and their pets.

## Have Questions? Contact Animal Friends for Veterans

Address: 562 Camp Horne Rd, Pittsburgh PA 15237 Phone: 412-847-7030 Email: <u>Veterans@ThinkingOutsideTheCage.org</u> Resource Center Hours: Tuesday thru Friday 11:00am-7:00pm Saturday-Sunday 10:00am-5:00pm Animal Wellness Center Hours: Monday thru Friday 8:00am-6:00pm

# **Careers In Motion**

https://www.careersinmotion.com.sg/

# Jobs are short, careers last longer. We would like to encourage the conversion of jobs into careers and be part of the process.

### **Our philosophy**

We believe in mutually beneficial relationships, the alchemy of common interests, and aligned expectations that results in long associations between candidates and employers. Our first aim is to ensure the potential of a match for a long and fulfilling relationship.

But we also believe in change, and in the power of a well-timed and methodical change to pull you out of a rut and turbocharge your career.

We also believe that not all journeys in job-seeking are the same, hence we tailor our process to circumstances and requirements on either side of the negotiating table. We are in the business of people at work, and in making sure they thrive wherever they plant themselves.

### **Our Promise**

Your career develops according to how your drive its direction, and we are here to help you navigate the road ahead.

Job searches and career changes can often be thorny territory, and we've been in the business long enough to have had our fair share of horror stories, challenging moments and unforgettable successes. We've learned plenty of valuable lessons along the way, lessons that inform the kind of service we aim to provide all our candidates.

We don't guarantee a perfectly seamless experience, but we are committed to taking you on a journey that's transparent and fully engaged, with the least amount of stress possible.

We believe that, when we do our jobs well, the right gears shift to set your career in motion.

# **Contact Careers In Motion** by clicking the link above then click the "Contact Us" link in the menu bar at the top of the page.

# Center for Women Veterans (CWV)

#### https://www.va.gov/womenvet/

Elizabeth Estabrooks is a woman veteran who is helping to pave the way for our female military members. This includes, but is not limited to, health benefits, pension, disability, housing, mental and physical care, etc.

Their Mission: "to monitor and coordinate VA's administration of health care, benefits, services, and programs for women Veterans."

Please take a moment and click <u>here</u> to see all of what she is doing. Also, if you scroll down on that link there is a QR code that will take you to an *anonymous survey* that asks why you are not utilizing your VA benefits and services. If this applies to you, please take the survey. They are trying to gather as much information as possible.

There is also a "Proud Woman Veteran" medallion (seen below) that you are free to use any way you see fit, so long as it is appropriate: you can make stickers, use it on business cards, or use it in any way. They just ask that you **DO NOT** alter or change the logo in any way.



## Medallion of Strength: Celebrating Women Veterans

A tangible way to identify and acknowledge women Veterans that celebrate their identity and contributions of service to the nation. <u>Download Yours Today!</u>

Please feel free to share this information with all your female veteran and military friends as it applies to all of them.

# **Chitwood Communications**

https://chitwoodcommunications.com/

## **About Chitwood Communications**

Have trouble capturing and keeping attention? Landing that big sales pitch? Feeling like you didn't say the right thing during that important conversation? Leverage Chitwood Communications as a credible outside voice that reinforces impactful communication tools.

Talking is easy; communicating effectively and efficiently takes practice. Chitwood Communications will elevate your sales pitches, team meetings, and everyday conversations to capture and keep the attention of those around you.

Jeremy Widenhofer forged Chitwood Communications from an eclectic mix of successful sales, building national security solutions, briefing Congress, and collaborating with the FBI and the military on high-stakes situations.

In other words:

asking questions to understand the challenge

- + "reading" people
- + providing decision-makers the right (not all) information
- + being memorable during key moments
- = Chitwood tools to gain sales, support, approval from your internal and external audiences.

# Want to discuss how to improve your communications skills? Click the link above then click "Schedule Appointment" in the toolbar.

## **CIVEASE** (Veteran Owned and Operated)

https://www.civease.com/

NO MATTER YOUR MILITARY EXPERIENCE, RANK, BRANCH, OR ROLE, IF YOU ARE TRANSITIONING OUT OF THE MILITARY IT'S TIME TO TAKE STEPS TOWARDS A NEW CAREER AND LIFESTYLE.

DO YOU KNOW WHAT YOU WANT YOUR NEW CAREER TO BE?

DO YOU KNOW HOW TO GET THERE?

TRANSITIONING INTO THE CIVILIAN WORKFORCE IS MORE THAN JUST A WEEK LONG PROGRAM. IT'S A JOURNEY AND YOU ARE FULLY IN CONTROL, BUT YOU ARE NOT ALONE.

# What is CIVEASE?

#### **BY ANTHONY STOUGH**

We as military veterans are a unique breed. We take care of each other as much as we can. We depend on one another for each mission. One of my passions while in the military was helping my fellow service members in every aspect of their professional careers. As a leader, manager, and mentor, it was my duty to take care of anyone that walked through my door. This is the tradition that inspired **CIVEASE LLC**.

CIVEASE is a play on a common military term, civies or civilian clothing. The term CIVEASE can also be expanded to civilian-ease. Our goal is to ease veterans and their families into civilian lives post-military service.

Connect via LinkedIn:

https://www.linkedin.com/in/anthonystough

# **Heroes Supporting Heroes**

https://www.heroessupportingheroes.org/ (A Veteran Owned Company)

# **Our Mission**

The mission of Heroes Supporting Heroes is to meet the basic life needs of others through:

#### Seeking to bear one another's burdens

The foundation of HSH began with serving those in military uniform (past, present & families)

#### Leveraging the gifts of our Servant Heroes

As our ranks grow with more gifts, we will continue to seek ways to maximize them

• Everything from technical trades to hard-working individuals wanting to help others will shape our service offering

#### Serving for the greater good

• We seek to maximize the impact to our local communities by sponsoring the West Allegheny Workcamp and other projects to improve the lives of our neighbors and support our active and veteran military family community.

Need help with house repairs?

Need a companion for a lonely veteran?

Need a ride to an appointment?

Heroes Supporting Heroes can help. Click here to contact HSH and request help.

#### Volunteer Opportunities available click here to volunteer.

# **Military Spouse Jobs**

<u>https://militaryspousejobs.org/</u> (A Military Family Founded Organization)

To expand employment opportunities for military spouses & dependents through one-on-one employment placement assistance, focused on the use of gap skills training and targeted resume and interview assistance, LinkedIn optimization, and connections to employer partners in order to create a smoother transition process.

> Contact Information Email: <u>president@casy-msccn.org</u> Phone: 636-357-7524

# **Outdoor Immersion**

https://outdoorimmersion.org/

## **RENEWING VETERAN RESILIENCE**

Outdoor Immersion is a Community Care Mission using outdoor activities to create connections of friendship, moving them from isolation to community and rebuilding resilience physically, mentally and spiritually.

## **VISION STATEMENT**

Physical, mental, spiritual and social health and resilience through time and activity in God's creation.

## **MISSION STATEMENT**

To share the peace, beauty and reforming power of God's creation with the Veteran and Military Community through outdoor adventure, recreation and fitness activities..

## **PURPOSE**

To bridge gaps of relationship, duty and service between the Veteran and Civilian cultures and creating beneficial life habits that rebuild and reinforce foundations of resilience. As we enter into a relationship with a veteran, we seek to fulfill our duty to help shoulder the burdens they carry and be sure their vital needs are met.

#### Want to connect with Outdoor Immersion?

Click the link above and scroll to the bottom of the webpage and fill out the "Get in Touch" section.

# Pittsburgh Hires Veterans

https://pittsburghhiresveterans.org/

# Providing FREE one-on-one support and assistance to military members, veterans and spouses.

Learn about possible vocations

Participate in vocational counseling

**Connect to training and education** 

Get help completing applications for schooling

**Develop Resumes and Job Applications** 

Participate in mock interviews

**Receive personal referrals to employers** 

Contact Information Address: 1333 Banksville Rd. Pittsburgh, PA 15216 Email: info@pittsburghhiresveterans.com Phone: 412-388-0100

# USO

https://www.uso.org/take-action/volunteer

### The USO strengthens America's military service members by keeping them connected to family, home and country, throughout their service to the nation.

There are countless ways volunteers support the USO, but they are all unified in their dedication to our service members and their families. Whether it's helping at a special event, greeting and cheering at homecomings, working the front desk or providing a listening ear, our volunteers are the reason service members know they can count on the USO.

The primary role of a volunteer is to welcome and serve our service members and their families, and to make them feel at home at our USO locations. Some common duties include greeting and checking-in guests, assisting with center activities and programs, offering food and beverages, maintaining tidiness in the center and supporting staff members as needed. For more information about what a USO volunteer does, contact a staff member at your local center.

Want to connect to the USO? Click the link above  $\rightarrow$  click About Us in the header  $\rightarrow$  click Contact Us in the dropdown

# **USO-Military Spouse Program**

https://www.uso.org/programs/military-spouse-programs

The USO has supported military spouses for many years and in 2016, launched a worldwide initiative focusing on programs to **strengthen** and **empower** military spouses by connecting them to their social, professional, and community networks.

Monthly Coffee Collaborations

<u>Continuing Your Journey</u> a 12 module workbook covering self-reflection to self-growth

Discovering Your Spark

2-3 hour workshops offered 4 times a year focus on ways to **discover your why**.

For more information or to register for coffee collaborations and workshops click on the link above.

# **Veterans Leadership Program**

https://www.veteransleadershipprogram.org/

## EMPOWERING VETERANS TO NAVIGATE THE TRANSITIONS OF

### LIFE

# WE SERVE ALL WHO SERVED.

If you've served in the military and you're in need of assistance, Veterans Leadership Program is here to help. From housing and career development to wellness and supportive services, our passion is helping Veterans reach their fullest potential.

Regardless of VA eligibility, discharge status, or length of service, VLP is on a mission to serve all who served. Because your service counts. VLP serves over 7,200 Veterans annually with housing, wellness, career development, and supportive services. We provide service throughout 30 counties in Pennsylvania, New York, and Ohio including Allegheny, Armstrong, Beaver, Bedford, Blair, Butler, Cambria, Centre, Clarion, Clearfield, Crawford, Elk, Erie, Fayette, Forest, Fulton, Greene, Huntingdon, Indiana, Jefferson, Lawrence, McKean, Mercer, Somerset, Venango, Warren, Washington, Westmoreland, Chautauqua, NY and Ashtabula, OH Counties.

> Locations 2934 Smallman St, Pittsburgh, PA 15201

727 Goucher Street, Johnstown, PA 15905

406 West 8th Street, Erie, PA 16502

Contact Information Email: info@vlp.org Phone: 844-VLP-VETS Hours: Monday thru Friday 8:30am-4:30pm

## VetJobs

https://vetjobs.org/

## A Leader in Employment for Military & Veteran Communities

We place military candidates into corporate jobs by direct-connect services with thousands of corporate recruiters.

## Major Pipelines of Military-Affiliated Resumes

VetJobs holds the largest military affiliated resume databases in the nation

## Our Mission

To expand employment opportunities for service members and veterans through one-on-one employment placement assistance, focused on the use of gap skills training and targeted resume and interview assistance, LinkedIn optimization, and connections to employer partners in order to create a smoother transition process.

> Contact Information Email: president@casy-msccn.org Phone: 636-357-7524

# **Wounded Warrior Project**

https://www.woundedwarriorproject.org/programs

## **HOW CAN I FIND HELP?**

Our programs are here to support you at every step, so let's get started. Take a look at our veteran support programs in the <u>WWP Program Directory</u>, and get the right support for where you're at right now.

Don't see what you're looking for? Please contact the Resource Center and we'll connect you with what you need.

## **RESOURCE CENTER**

## 888.997.2586

HOURS OF OPERATION

Monday - Friday 9 am - 9 pm ET

resourcecenter@woundedwarriorproject.org

Zeiders (pronounced Ziders)

# **Personal Financial Counselor**

Some of the more popular discussion subjects are the TSP retirement account, civilian retirement accounts, credit card debt, purchasing a home, purchasing a car, etc.

Mike is the Personal Financial Counselor stationed at the 911th USAF Reserve Air Wing. He only educates, he doesn't sell anything. Can work with all branches of service in active duty, reserve or guard status. The only exception is the Coast Guard, who would have to be on orders.

Mike can meet military members anywhere within a 50 mile radius of the 911th base. The only off limits meeting areas are their homes or vehicles. Mike can also arrange zoom meetings with any military members around the world. Everything is confidential. When it comes to Veterans, Mike can talk to them as well, but only within 6 months of them leaving service.

- Mike Hamilton ChFC®
- Personal Financial Counselor
- Pittsburgh IAP ARS
- Cell: 412.389.7909
- e-mail: pfc.pittsburgh.usafr@zeiders.com