

Center for Student Success

STUDY STRATEGIES

SQ3R Technique - Reading comprehension, retaining and identifying important information

1. **Survey:** skim chapter headings, subheadings, images, & charts
2. **Question:** formulate content questions
3. **Read:** read through chapter
4. **Recite:** recall and summarize main points after each section
5. **Review:** review material fully and quiz yourself

PQ4R Method - Improving memorization and understanding of the topic

1. **Preview:** skim materials, headings, subheadings, and highlighted text
2. **Question:** ask topic-related questions
3. **Read:** read through sections to find answers to your questions
4. **Reflect:** determine if all of your questions were answered
5. **Recite:** speak or write down what you learned or read it in your own words
6. **Review:** look through material again

The Feynman Technique - Learning concepts quickly by explaining them in simple terms

1. Write topic on top of your paper
2. Explain it in your own words as if teaching it
3. Find what you were wrong on - look through your materials and correct it
4. Write concepts in more simple terms if needed

The Pomodoro Technique - Study strategy to space out chunks of studying

1. Create a tasklist of what you need to work on/finish
2. Set timer for 25 minutes and work on one task at a time (1 pomodoro = 25 minutes)
3. After the timer is up, take a 5-minute break
4. After break, set another 25-minute timer and get back to work
5. After four pomodoros, take a longer (15-30 minute) break